

ONLINE QUALIFYING RETREATS FOR MMTCP SILENT RETREAT PRE-REQUISITE

Only online retreats pre-approved and listed on the Sounds True site will be counted as qualifying MMTCP pre-requisite retreats. Not all online retreats will meet the criteria Jack and Tara have outlined.

THE MAGIC OF AWARENESS

<https://calendar.spiritrock.org/events/the-magic-of-awareness/>

A 6-night online retreat: May 20 - 27, 2020, led by James Baraz, Anam Tubten, and Trudy Goodman